

Caregiver Education Sessions

Fall Poster- September – December 2018

Parenting Teens in the 21st Century: Respectful Limit Setting with Adolescents

Focus is on caregivers of teens grades 7-12

Wondering how you'll survive the teen years? Parenting teens is harder than ever for most parents today. In this session you will explore the challenges of being a teenager and parenting a teenager. You will learn how to establish healthy, respectful boundaries with your teen so that you can spend less time arguing and more time enjoying each other's company.

Register for a Parenting Teens in the 21st Century session at:
<https://www.surveymonkey.com/r/caregiversessions>

DATE: Tuesday, September 25, 2018
TIME: 6:00-7:30pm
LOCATION: École Leduc Jr. High School
4412 - 48 Street, **Leduc, AB**
Notes: This session is for adults only.

DATE: Wednesday, October 17, 2018
TIME: 6:00-7:30pm
LOCATION: Strathcona County Family and
Community Services
#200, 501 Festival Avenue, **Sherwood Park, AB**
Notes: This session is for adults only.

DATE: Thursday, October 18
TIME: 6:00-7:30pm
LOCATION: John D. Bracco School
3150 - 139 Avenue NW, Edmonton, AB
Notes: This session is for adults only.



Parent Participant Feedback

*"Thank you so much for coming
out to share this knowledge with
us. Great job!"*

**REGISTER
EARLY!**

Please contact the Education Team with questions
or if you need to cancel your registration.

CYFCaregiverEducation@ahs.ca
780-415-0074